## NICK JONSSON

## Speaker Introduction:

## **Short Version**

Introducing Nick Jonsson, a #1 best-selling author, Top 2% World Ironman athlete, and an award-winning keynote speaker. Leading EGN, Southeast Asia's premier peer network across Singapore, Indonesia, and Malaysia, Nick brings together over 900 members under the ethos of "Making Each Other Better." Beyond his professional achievements, Nick is a dedicated volunteer and fundraiser for a suicide hotline, and an esteemed executive and life coach. His commitment to promoting holistic well-being—spanning mental, emotional, and physical health—helps his clients live lives beyond their wildest dreams. Nick's multifaceted approach to leadership and personal development makes him a true visionary in fostering authentic relationships and supporting human connection.

## **Long Version**

We are thrilled to welcome Nick Jonsson to our stage—a luminary whose accolades include being a #1 best-selling author, a Top 2% World Ironman athlete, and an award-winning

keynote speaker. As the driving force behind EGN, Southeast Asia's leading peer network stretching across Singapore, Indonesia, and Malaysia, Nick has, with his team, successfully cultivated a community of over 900 members who live by the principle of "Making Each Other Better." His leadership extends beyond professional networking into significant societal contributions, including his volunteer work and fundraising efforts for a suicide hotline, demonstrating his profound commitment to community and mental health advocacy.

Nick's expertise as an executive and life coach is unparalleled, guiding individuals to surpass their aspirations and embrace lives filled with possibility, health, and fulfillment. His approach integrates the critical dimensions of holistic well-being—mental, emotional, and physical health—underscoring the importance of vulnerability and authentic relationships in achieving personal and professional excellence. Moreover, Nick has been featured in more than 20 newspapers and magazines, including a 4-page feature in the Business Times and a full page in the Straits Times, and has appeared on Money FM Radio and TV channels like Channel News Asia (CNA). His efforts to bring vital discussions to the forefront have not gone unnoticed.

Nick's contributions have been recognized widely, including winning the Entrepreneurs 100 Award in 2021: Singapore's Emerging Entrepreneurs of the year, and being named one of Asia Pacific's 50 Leading Lights on World Kindness Day in 2021. His passion for mental health advocacy led to his recognition as a finalist at the prestigious Inside Out Mental Health Awards in London, UK, highlighting his impactful work in mental health awareness.

Nick Jonsson's presence at our conference not only honors us but promises to inspire and ignite a transformative journey for all in attendance. Join us in embracing his invaluable insights and visionary outlook toward creating a more connected, supportive, and thriving human community.